TODAY's noticatrist

Operate Like a DPM



When you're experiencing foot or ankle pain, look for the DPM. A Doctor of Podiatric Medicine, or podiatrist, is specially trained to provide the highest quality foot and ankle care and will carefully evaluate your individual case to determine the best treatment for you.

Podiatrists provide conservative (non-surgical) care, including orthotics, physical therapy, medication, and exercise.

In some cases, surgery may be appropriate to alleviate discomfort or to restore the function of your foot. Individual surgical needs determine the length and kind of rehabilitation required to ensure a successful recovery. Today's Podiatrist is trained to perform advanced foot and ankle surgery and can treat conditions ranging from tendon tears to ankle fractures.

Conditions commonly treated by Today's Podiatrist include:



SKIN CARE

Your podiatrist is specially trained to evaluate skin conditions of the feet, including treatments for plantar warts and skin cancer.



BUNIONS

A painful lump on the side of the big toe is formed when the bone or tissue at the joint moves out of place. Your podiatrist will evaluate your condition individually to determine the best treatment.



WOUND CARE

Especially for those with diabetes, wounds on the feet require immediate attention due to the risk of infection.



FRACTURES

Podiatrists assess the severity and, if necessary, may surgically realign the broken bones, holding them in the position for proper healing.



TENDON INJURIES

Procedures to shorten or lengthen the tendon can be used to treat tears or chronic conditions.



From skin conditions to traumatic injuries, Today's Podiatrist treats it all. Visit www.apma.org/findapodiatrist to find a podiatrist near you. For more information, visit www.apma.org/foothealth.