# New York College of Podiatric Medicine Presents Contemporary Approaches Seminar

10

SEPT

2023

IN-PERSON - PRATT AUDITORIUM AT NORTHWELL HEALTH HOSPITAL - GLEN COVE, NEW YORK



Scientific Chair - Stephen Alchermes, DPM

Scheduled Speakers Stephen Alchermes, DPM Brandon Brooks, DPM Mark Caselli, DPM Kevin Jules, DPM Mark Kosinski, DPM Ammar Al Rubaiay, DPM Michael J. Trepal, DPM Russell G. Volpe, DPM

NYCPM is an approved provider of CE in Podiatric Medical Education by the CPME. This event is estimated at 7.5 CECH TUITION - \$159

REGISTER HERE: https://secure.touchnet.net/C21513 ustores/web/store main.jsp?STOREID=131&SINGLESTORE=true

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# CONTEMPORARY APPROACHES SEMINAR SUNDAY SEPTEMBER 10 2023

# **Objectives:**

- To access the 10 principles of opioid prescribing in foot and ankle surgery
- To recognize the underlying causal relationship between the diabetic food, pain, and depression
- To acknowledge the current MIS Bunion surgical approach and outcomes
- To review the updated 2023 IWGDF infection guidelines and how they apply to the infections discussed
- To know when to choose an antibiotic for empiric and directed therapy using traditional and newer antibiotics
- To identify surgical approaches for posterior heel pain
- To evaluate the etiologies of lateral foot pain
- To understand the etiology and clinical findings associated with Hallux Limitus
- To recognize the etiologies of Bunion recurrence
- To provide recommendations for enhancing your biomechanical examination, and to improve your diagnosis and management of the pediatric patient

## AGENDA CONTEMPORARY APPROACHES SEMINAR SUNDAY SEPTEMBER 10 2023

7:00a (Eastern) Registration Sign-In / Breakfast

7:35a – WELCOME – Dr. Stephen Alchermes

7:45a

**The 10 Principles of Opioid Prescribing in Foot and Ankle Surgery** Brandon Brooks, DPM

8:30a The Diabetic Foot: Pain – Depression Cycle Brandon Brooks, DPM

9:15a

M.I.S. Bunionectomy for Hallux Abducto Valgus Ammar Al Rubaiay, DPM

10:00a MID-MORNING BREAK / EXHIBITOR VISIT

10:30a **How Emerging Resistance Can Change Your Prescribing Habits** Mark Kosinski, DPM

#### 11:15a

Summer Highlights: Most Memorable (Foot) Infection Cases of the Season Mark Kosinski, DPM

12:00p – 1:00p LUNCH / EXHIBITOR VISIT

### **AFTERNOON SESSION**

1:00p **Can I Have My Bunion Back?** Michael J. Trepal, DPM

1:45p **Haglunds Triad** Kevin Jules, DPM

## 2:30-2:45 - AFTERNOON BREAK / EXHIBITOR VISIT

2:45p

Making the Pediatric Biomechanical Exam Count: Tips for Enhanced Diagnosis and Management Russell G. Volpe, DPM

3:30p **Cuboid Syndrome: An Elusive Diagnosis** Stephen Alchermes, DPM

4:15p

**Biomechanical Considerations in the Management of Hallux Limitus** Mark A. Caselli, DPM